

Emerald Camp



DAILY ACTIVITIES

DAY	TIME	KID'S ACTIVITIES (4 - 12 YEARS OLD)	TIME	TEEN AND ADULT ACTIVITIES (13 ABOVE YEARS OLD)
MONDAY	9:00	Kid's Nail Medicure 250.-		
	11:00	Towel Folding	10.00	Fancy Mark
	13:00	Kid's Aerobic	14.00	Fruit Carving Class 380.-
	15:00	Doll Painting 250.-	16.00	Pilates
	17:00	Fit ball		
TUESDAY	9:00	Origami		
	11:00	Paper Umbrella Painting 350.-	10.00	Yoga
	13:00	Quick Cups	14.00	Flower Making Class 350.-
	15:00	Fan Painting 250.-	16.00	Thai Chi
	17:00	Basic Thai Boxing		
WEDNESDAY	9:00	Matching Game		
	11:00	Magical Bag 250.-	11.00	Thai Cooking Class 1,800.-
	13:00	Basic Thai Phrases	14.00	Aqua Aerobic
	15:00	Jelly Candle 250.-	16.00	Boot Camp
	17:00	Kid's Yoga		
THURSDAY	9:00	Tie Dye Shirt 350.-		
	11:00	Kid's Movie	10.00	Basic Thai Phrases
	13:00	Mocktail Class 200.-	14.00	Thai Boxing Class 500.-
	15:00	Bingo Game	16.00	Cardio
	17:00	Basic Thai Boxing		
FRIDAY	9:00	Origami		
	11:00	Doll Painting 250.-	10.00	Fit Ball
	13:00	Fancy mark	14.00	Pilates
	15:00	Magical Bag 250.-	16.00	Thai Chi
	17:00	Toss game		
SATURDAY	9:00	Quick Cups		
	11:00	Jelly Candle 250.-	10.00	Aqua Aerobic
	13:00	Basic Thai Boxing	14.00	Flower Making Class 350.-
	15:00	Tie Dye Shirt 350.-	16.00	Yoga
	17:00	Kid's Aerobic		
SUNDAY	9:00	Basic Thai Phrases		
	11:00	Paper Umbrella Painting 350.-	11.00	Thai Cooking Class 1,800.-
	13:00	Kid's Yoga	14.00	Cardio
	15:00	Bingo Game	16.00	Stretching
	17:00	Mocktails Class 200.-		

- All activities are bas on 1 hour.
- Please confirm all activities one day in advance
- Please wear comfortable clothing to attend the session
- Your presence is appreciated 5 minutes before the session begins
- Sick children will not be Accepted into the Kids Club.

- In case of rain, the venue for activities may be changed
- All activities are subject to availability
- The resort has the right to change any activities without prior notice.
- For more information or if you would like to take part in any activity please Contact Emerald Camp or our Front Desk